



MEMBER UPDATE

OCTOBER 2024

On Thursday, 21st November 2024 Polio NSW will hold our 35th Annual General Meeting. It is your opportunity to have a say in the direction and programs of Polio NSW. Members are encouraged to help your fellow polio survivors by standing for election to the Board. The meeting will be followed by an online Webinar. We look forward to your participation online via ZOOM for both the AGM and Webinar.

Polio NSW 35th AGM and Webinar

- Date:** Thursday, 21st November 2024
Time: 10:30 am (to be followed by an online Webinar – details overleaf)
Held: Videoconference via ZOOM
Registration: www.trybooking.com/CWGNV

All meeting papers, as well as a guide to downloading and using Zoom, are available on this page of the Polio NSW website:

www.polionsw.org.au/agm2024/

Annual General Meeting Agenda

1. Opening of Meeting
2. Present
3. Apologies
4. Confirmation of Minutes of 34th Annual General Meeting held on 30th November 2023
5. 2023-24 Annual Report
6. 2023-24 Financial Report
7. Election of Board (*minimum 6, maximum 12*)
 - 7.1 President
 - 7.2 Vice-President
 - 7.3 Secretary
 - 7.4 Treasurer
 - 7.5 Board Members (*minimum 2, maximum 8*)
8. General Business
9. Close of AGM

A Proxy Form is enclosed so you can still have input to decisions made at the AGM even if you are unable to attend in person.

Correspondence: PO Box 2799 North Parramatta NSW 1750

Phone: (02) 9890 0946 or (02) 9890 0953

Email: office@polionsw.org.au

Please turn over



AGM Online Webinar

Date: Thursday, 21st November 2024

Time: 11:00 am (*following the AGM*)

Held: Online via Zoom (*see registration details below*)

"MY PARALYMPIC JOURNEY"

LYN LILLECRAPP OAM

Lyn was born in Albury, on the NSW/VIC border and lived there for 18 years. It was here that she caught polio at about 6 weeks of age when Australia was experiencing an epidemic just after the end of WW2.



She moved to Melbourne on completion of secondary schooling, commencing work at the Royal Botanic Gardens, from where she moved to Sydney and joined the Department of Defence

with which she worked for 41 years in administration across three States, finally settling in Gawler in 1977 and working at DSTO Salisbury and RAAF Edinburgh till retiring in 2007.

It was while living in Melbourne Lyn discovered wheelchair sport (now called multi-disability sport). From 1968 till retiring from international sport in 1992, Lyn represent NSW, VIC and SA in State teams and Australia at 10 international meets including 3 Paralympics, winning 3 silver and 3 bronze medals, also holding 2 world records – for a short time!

Lyn is also very involved these days with Polio Australia which is working to assist polio survivors who are now experiencing the late effects of polio, by educating them in how best to manage its quite often debilitating symptoms and associated problems.

Other interests include reading (voraciously), music, travelling and camping, and most importantly, being with friends.

**To book your place at the AGM and Webinar,
please register at Trybooking:**

www.trybooking.com/CWGNV

Of course, it is free!

**If you have any problems booking, please email us for help:
team@polionsw.org.au**

A link for the Zoom meeting will be sent to all who have registered.

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